

ATHLETE GUIDE



FINAL INFORMATION

April 28, 2019

WEEKEND AT A GLANCE

Packet Pickup

United Supermarkets

6313 4th St

Lubbock, TX 79416

Friday, April 26th: 5:00pm - 7:00pm

Saturday, April 27th: 11:00am - 3:00pm

April 28 - Race Day

Start Line Village: Berl Huffman Athletic Complex

N Loop 289 Frontage Rd & Landmark Ln

Lubbock, TX 79415

Hand cycle Start Time: 7:00am

Push Chair Start Time: 7:00am

Marathon Start Time: 7:20am

Half Start Time: 7:30am

Kids Fun Run Time: 8:00am

5K Start Time: 8:30am

Finish Line Festival, 7:00am - 1:30pm

Location: Berl Huffman Athletic Complex

N Loop 289 Frontage Rd & Landmark Ln

Lubbock, TX 79415

Awards Ceremony:

5k: 9:00am

Half: 10:45am

Marathon: 1:30pm

HELPFUL TIPS & REMINDERS

- Make sure that you have signed all waivers on Active
- Photo I.D. - Bring your Active confirmation email and photo I.D. to Packet Pickup to pick up your race number
- Pick up your own race packet and number at Packet Pickup - NO EXCEPTIONS! Your photo I.D. will be checked. You may not pick up a race number for anyone else.
- **Plan to arrive early race morning. EXPECT Traffic delays entering the parking area.**
- Wear your race number on the front of all clothing during the race

EXPECTED RACE DAY TEMPERATURE

The average temperature on race day is 77°, with a low of 53° and a high of 82°. Sunrise will be at approximately 7:09am. Please check the race day forecast and dress accordingly.

Packet Pickup

Pick up your registration packet, timing tag, swag bag, and race t-shirt at packet pickup. Official race merchandise will also be available for sale at packet pickup.

RACE NUMBER PICK UP

Bring your Active confirmation email that has the QR code and a photo ID to Packet Pickup to pick up your race number. **YOU MUST PICK UP YOUR OWN RACE PACKET AND RACE NUMBER AT PACKET PICKUP PRIOR TO THE RACE. NO EXCEPTIONS.**

Attention Local Participants:

Make Friday YOUR day! Packet Pickup will be crowded on Saturday when the majority of out-of-town runners arrive. We strongly encourage participants from the Lubbock area to visit Packet Pickup on Friday to avoid long lines.

START LINE VILLAGE

Upon arrival at Berl Huffman, please proceed to the start/finish line area for all of your pre-race needs. Fuel up on Gatorade Endurance, Aquaone Water, and other pre-race snacks. You will also find a medical tent, gear check, and portable toilets.

START CORRALS

Your start corral will be based upon the distance you are running. There will be 4 corrals: marathon, 1/2 marathon, KIDS FUN RUN and 5K. Faster runners are encouraged to be towards the front of the corral. Runners can enter the corrals 30 minutes prior to the start of the race

RACE START

When the horn goes off, only the first corral will be released. The rest of the participants will be held at the start line. At pre-determined intervals, the next corral will be released. By using this staggered starting method, the pack will be spread out and allow every runner to settle into their racing rhythm from their first step to the Finish Line.

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TIMING

Timed by RunFAR Racing Services offering MYLAPS BibTag timing, disposable tags. Your official time begins as you cross the start line and stops when you cross the finish line. Please follow the instructions provided in your registration packet and below. If you do not wear your disposable tag on your bib, you will not receive an official race time.



OFFICIAL TIMER OF
THE WOODLANDS MARATHON

Tips for a guaranteed and correct timing

- Wear the bib number visible on the chest
- Do not fold or crumple your bib number, especially not the tag
- Use four pins on the corners of the bib number, do not pierce the tag
- Do not cover the bib (water bottle, runner belts, jackets, etc.)



DO NOT PLACE BIB UNDER OR NEAR PHONE

GEAR CHECK

The swag bag that you pick up at the Expo also doubles as your gear bag. Gear Check will be open at the Start Village from 5:00 am until 7:00 am. After the race, retrieve your bag at the Gear Check Pick Up located outside the finish Secure Zones. All bags must be claimed by 2:00 pm. Please DO NOT leave valuables, cash or jewelry in your gear bag. The event staff and gear check personnel are not responsible for lost or stolen items.

EVENT PARKING ***Plan to arrive early to avoid delays

There will be free participant parking at the Berl Huffman Athletic Complex. All participants must enter the complex via U.S. 84 (Clovis Rd.). All vehicle traffic will be blocked from using the Loop 289 Frontage Rd that runs along side

Berl Huffman from University Rd. to around U.S. 84 as it is apart of the race course. [For more detailed information regarding parking, please follow this link to the parking map.](#)

Traffic Detours

There will be detours due to the closure of Loop 289. Please share the following links with friends and family so they will be aware.

[East Loop 289 Detour](#)
[North Loop 289 Detour](#)

GETTING TO THE START/FINISH LINE

From the free participant parking lot at Berl Huffman, you will need to use and follow the marked off nature trail walkway to the start/finish line. This trail will be located near the southwest corner of the Berl Huffman parking lot. The start/finish line is located less than a half mile away from participant parking. **DO NOT ATTEMPT TO DRIVE TO THE START/FINISH LINE.** Roads around the start/finish line will be closed to ensure the safety of participants, spectators, and volunteers.

COURSE SUPPORT

There will be 26 aid stations, located at every mile, along the race course. You will have a selection of Gatorade Endurance, Water, and snacks at every aid station. There will also be one portable toilet available at every aid station should you need it.

MARATHON COURSE TIME LIMITS & CUT OFF

The official course time limit is 6 hours. Your official time will not start until you cross the start line. A strict time limit will be enforced as roads need to be re-opened to regular traffic. **Please refer to the event website for course cut off details.**

Official Race Photographers

Be sure to smile and keep your bib number visible! FinisherPix will have several photographers on the course and at the finish taking photos. Within 24 - 48 hours after the race your personal race photos will be available [here](#).

MEDICAL INFORMATION

The Medical Team is a dedicated group of medical professionals available to help you. Medical stations will be located along the course, and at the finish. In order to help our medical team help you, it is critical that you fill

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out the medical history information on the back of your race number.



FINISH LINE FESTIVAL

After crossing the finish line, you will enter the runner's Secure Zone and receive a finisher's medal, Aquaone water, Gatorade Endurance, and other refreshments. Exit the Secure Zone as quickly as possible and reunite with family and friends at Family Reunion which will be located by the exit of the Secure Zone. Once you leave the Secure Zone you cannot re-enter.

All participants will receive a finisher medal

Family Reunion

After the race, head to Family Reunion to reunite with friends and family and enjoy the Finish Line Festival.

Food Trucks

We will have a wide variety of food trucks for you and your family to enjoy!

Music & Inflatables & Local Vendors & More

We will have music, inflatables, and local vendors for spectators and kids, so bring your friends and family out to have fun and watch you race.

LOST & FOUND AND INFORMATION BOOTHS

The Information/ Athlete Services Booth will be located as you walk down the designated path into the Village area, and will serve as race day Lost & Found. Valuable items found at the Start or Finish should be turned in to the Information Booth. Any valuable items NOT claimed at the Finish by 2:00pm will be returned to our office. To claim an item after the event, you will need to contact us via www.lbkmarathon.com.

LEAVING THE EVENT

When leaving the event, you will need to use and follow the coned off pedestrian walkway to return to your vehicle. All traffic must exit the Berl Huffman Athletic Complex via U.S. 84(Clovis Rd.).

SIGN UP FOR RUNNER TRACKING

You can have your family and friends track your progress to the finish line on their mobile phone! Text updates will be sent throughout the race, including when you start and finish. **You must sign up for this in order for you to access this information.**

Race Day Online Live Results Tracking here:

<https://rtrt.me/1608>

OFFICIAL RACE RESULTS posting:

Official race results will be posted during the event on. <http://www.mychiptime.com/searchevent.php?id=12052>

VOLUNTEERS STILL NEEDED

Encourage your family and friends to get involved in your race day experience. Volunteers are still needed at the Start and Finish Line on April 28th. If your friends or family are coming out to watch, tell them to support you and join the Race Crew! Visit www.lbkmarathon.com/volunteer for more information.

HOTELS & TRAVEL

Official Host Hotel: [Arbor Hotel and Conference](#)

6401 62nd St, Lubbock, TX, US, 79424 (806) 771-2420

AWARDS & RESULTS

Age group awards will be presented 3-deep in all age divisions for both male and female categories. In accordance with USATF Rules, age group awards will be determined by your timing tag.

SPECTATORS

We will have music, inflatables, and local food trucks for spectators, and kids, so bring your friends and family out to have fun and watch you race. The START/FINISH area is a perfect place to hang out **and we have designated spectator areas for you around the Loop 289 at the designated relay areas.**

- [Family Power Sports Lubbock 4202 W Loop 289, Lubbock, TX 79407](#)
- [CEV Multi Media 1020 SE Loop 289, Lubbock, TX 79404](#)
- [Texas Tech East Campus Texas 289 Loop Frontage Rd, Lubbock, TX 79403](#)

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RELAY PARTICIPANTS

Relay participants are allowed to drive to designated parking areas for their Relay Point.

First relay participants will go to the start area and line up with the Marathon participants in the marathon corral. You will begin your race with the other marathon runners.

Second relay participants need to drive to their designated parking areas for relay:

[Family Power Sports Lubbock 4202 W Loop 289, Lubbock, TX 79407](#)

Citi Bus will shuttle relay participants from Family Power Sports to their relay point on the loop. Relay runners will be shuttled from the relay exchange zone to the Finish Line at Berl Huffman Park. Staff will direct relay participants from the exchange zone to the shuttle loading area.

7:00 AM: First Citi Bus transport for 2nd Leg Relay Runners will depart.

7:15 AM: Last Citi Bus transport for 2nd Leg Relay Runners will depart.

Third relay participants need to drive to their designated parking areas for relay:

[CEV Multi Media 1020 SE Loop 289, Lubbock, TX 79404](#)

Citi Bus will shuttle relay participants from CEV Multimedia, Ltd. to their relay point on the loop. Relay runners will be shuttled from the relay exchange zone to the Finish Line at Berl Huffman Park. Staff will direct relay participants from the exchange zone to the shuttle loading area.

8:00 AM: First Citi Bus transport for 3rd Leg Relay Runners will depart.

9:30 AM: Last Citi Bus transport for 3rd Leg Relay Runners will depart.

Fourth relay participants need to drive to their designated parking areas for relay:

[Texas Tech East Campus Texas 289 Loop Frontage Rd, Lubbock, TX 79403](#)

Citi Bus will shuttle relay participants from TT East Campus to their relay point on the loop. Relay runners will be shuttled from the relay exchange zone to the Finish Line at Berl Huffman Park. Staff will direct relay participants from the exchange zone to the shuttle loading area.

8:50 AM: First Citi Bus transport for 4th Leg Relay Runners will depart.

7:15 AM: Last Citi Bus transport for 4th Leg Relay Runners will depart.